

Diet by Curmudgeon

An extra letter not entered in the grid is generated by wordplay in every clue; read in clue order the extra letters give instructions. *Chambers Dictionary (2016)* is recommended.

Across

- 1 Mother's expression of grief returning Jeddah's salutation (6)
- **5** Appropriate technology securely binds cervical vertebrae (7)
- **13** Absurd idealisation without orderly stand for Pope who crowned Charlemagne (6, two words)
- 14 Displays Arab vessels in public flying demos (8)
- **16** Be incumbent on one pursuing a false statement (5, two words)
- 18 Turin ultimately abandoned southern birds (4)
- 19 A posh cop-out from time to time for an amusing person (5, two words)
- 20 Earnestly troubled losing last wandering sea-eagle (4)
- 22 After sin in Israel check first of verdicts (3)
- 23 Not once initially working, that is as recent arrivals (6)
- 25 Balmoral's enclosure planted with woody perennials (4)
- 26 Glut in this manner at Holyrood (3)
- **28** Nerve centres principally managed over time by men are almost worry free (10, two words)
- 33 Asian cinnamon trees (excluding India) for Spanish dwellings (5)
- 35 Immersed in "Fiat Lux" Wesleyans retrospectively feel jubilation (5)

- 36 Ordinary life story's charm (3)
- 37 Capable of success overturning corruption (4, two words)
- **38** Incline to a point of view about a leguminous plant (4)
- 39 Entirely other form of gene possible (6)
- 41 Release from restraints one local wine container before the day (6)
- 45 Breakbone fever going round; beginning of danger removed. Well done! (4)
- 46 Curiously deliberating, get sadly lost involving two lines (8)
- 47 Attempt originally to cook in hot fat (3)
- 48 Using a gun, joins military men (7)
- 49 Misused shekels for Sikh hairdos and beards (6)

Down

- 1 Pirates strike with heavy impact in places (7)
- 2 Landed at foremost of large international terminals (4)
- 3 For Spenser, equally readily using further onions occasionally (6)
- 4 Raise for discussion south-eastern elk (5)
- 6 Concocted ale isn't a medicinal drink made from barley (6)
- 7 The French male taken in by illuminated jaunty rhythm (4)
- 8 Distinct quality surrounding boring piece in German examination (6)
- 9 Son pondered about base way of escape through hedge in the country (6)
- **10** Eastern deity's sense of self-esteem (3)
- 11 Got wind of some arisen she-devil (6)
- 12 Set routine of social security payment not entirely over (6)
- 15 Dislike excessive speed (4)
- 17 Italian Romantic poet from Rialto so distressed (7)
- 21 Kelp's tawny brown in ocean gale (9, two words)
- 24 Ultrabasic igneous rock's Old English location (8)
- 27 Primarily ask medic to permit walk at an easy pace (5)
- 28 Woman almost crazy for Revolutionary leader (3)
- 29 A European porter redeployed; he carries a candle (7)
- 30 Team game with US bullet size makes mistakes; these might erase them (7)
- 31 Passion on board ship for food fish (7)
- 32 Company brass misused for heads of Irish clan families (6)
- **34** Singular hold of period of moroseness (4)
- 40 Lots of love around the Spanish lounge (4)
- 42 Offer to establish university rejected (3)
- **43** French farm birds that have become extinct (3)
- 44 Weary work toils essentially for nothing (3)